



## PATIENT HEALTH HISTORY QUESTIONNAIRE

Referring physician \_\_\_\_\_

List other physicians \_\_\_\_\_

Patient name \_\_\_\_\_

Date of birth \_\_\_\_\_ Today's Date \_\_\_\_\_

Your answers on this form will help your health care provider better understand your medical concerns and conditions. If you are uncomfortable with any question, do not answer it. If you cannot remember specific details, please approximate. Add any notes you think are important. ALL QUESTIONS CONTAINED IN THIS QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL.

Main reason for today's visit: \_\_\_\_\_

Other concerns: \_\_\_\_\_

### ALLERGIES

List anything that you are allergic to (medications, food, bee stings, etc.) and how each affects you.

| ALLERGY  | REACTION |
|----------|----------|
| 1. _____ | _____    |
| 2. _____ | _____    |
| 3. _____ | _____    |

### FAVORITE PHARMACIES/ LOCAL + MAILORDER

### MEDICATIONS

Please list all the medications you are taking. Include prescribed drugs and over-the-counter drugs, such as vitamins and inhalers.

| DRUG NAME | STRENGTH | FREQUENCY TAKEN |
|-----------|----------|-----------------|
| 1. _____  | _____    | _____           |
| 2. _____  | _____    | _____           |
| 3. _____  | _____    | _____           |
| 4. _____  | _____    | _____           |
| 5. _____  | _____    | _____           |
| 6. _____  | _____    | _____           |
| 7. _____  | _____    | _____           |
| 8. _____  | _____    | _____           |
| 9. _____  | _____    | _____           |
| 10. _____ | _____    | _____           |

### IMMUNIZATION HISTORY

Immunizations and most recent date:

- |                                       |             |   |             |
|---------------------------------------|-------------|---|-------------|
| <input type="checkbox"/> Chickenpox   | Date: _____ | <input type="checkbox"/> Meningococcus                          | Date: _____ |
| <input type="checkbox"/> Flu Shot     | Date: _____ | <input type="checkbox"/> MMR ( <i>Measles, Mumps, Rubella</i> ) | Date: _____ |
| <input type="checkbox"/> Gardasil/HPV | Date: _____ | <input type="checkbox"/> Pneumovax 23                           | Date: _____ |
| <input type="checkbox"/> Hepatitis A  | Date: _____ | <input type="checkbox"/> Tdap ( <i>Tetanus and pertussis</i> )  | Date: _____ |
| <input type="checkbox"/> Hepatitis B  | Date: _____ | <input type="checkbox"/> Tetanus                                | Date: _____ |
|                                       |             | <input type="checkbox"/> Zostavax ( <i>Shingles</i> )           | Date: _____ |
|                                       |             | <input type="checkbox"/> Pevnar 13                              | Date: _____ |

### (WOMEN ONLY) OBSETRIC AND GYNECOLOGICAL HISTORY

Last PAP Smear Date \_\_\_\_\_  Abnormal

Last Mammogram Date \_\_\_\_\_  Abnormal

Bone Density testing \_\_\_\_\_  
date + location of testing

Patient name \_\_\_\_\_

Date of birth \_\_\_\_\_ Today's Date \_\_\_\_\_

**PAST MEDICAL HISTORY**

**Check all that apply:**

- ADHD
- AIDS/HIV
- ANEMIA
- Anesthesia Complications
- ANXIETY DISORDER
- ARTHRITIS
- ASTHMA
- Bladder or Kidney Problems
- Blood Transfusion
- Cancer-BREAST
- Cancer-CERVICAL
- Cancer-COLON
- Cancer-LUNG
- Cancer-OTHER
- Cancer-Ovarian
- Cancer-Prostate
- Cancer-Skin
- Cancer-Uterine
- Chicken Pox
- COPD
- Depression
- Diabetes
- Ear or Hearing Problems
- GI Problems
- GOUT
- HEADACHES
- HEART PROBLEMS
- HEPATITIS
- HIGH BLOOD PRESSURE
- HIGH CHOLESTEROL
- KIDNEY DISEASE
- KIDNEY STONES
- LIVER DISEASE
- LUNG DISEASE
- Muscle, Joint, or Bone Problems
- Osteoporosis
- Pulmonary Embolism
- Seizure/Epilepsy
- Skin Problems
- Stroke
- ADHD
- Thyroid Problems
- Vision or Eye Problems

**PAST SURGICAL HISTORY** **\*\*INCLUDING MOST RECENT COLONOSCOPY**

| SURGERY  | REASON | YEAR  | HOSPITAL |
|----------|--------|-------|----------|
| 1. _____ | _____  | _____ | _____    |
| 2. _____ | _____  | _____ | _____    |
| 3. _____ | _____  | _____ | _____    |
| 4. _____ | _____  | _____ | _____    |

**FAMILY HEALTH HISTORY**

Health Problem

**Family Members** (Please list each member and age at diagnosis)

- Alcoholism \_\_\_\_\_
- Arthritis \_\_\_\_\_
- Depression \_\_\_\_\_
- Cancer \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Heart Disease \_\_\_\_\_
- Hypertension \_\_\_\_\_
- Osteoporosis \_\_\_\_\_
- Stroke \_\_\_\_\_
- Other \_\_\_\_\_

**SOCIAL HISTORY**

|   |  |  |
|---|--|--|
| <p><b>Occupation</b><br/>_____</p> <p><b>Education</b>    <input type="checkbox"/> Less than 8<sup>th</sup> grade    <input type="checkbox"/> High school    <input type="checkbox"/> 2 year college    <input type="checkbox"/> 4 year college    <input type="checkbox"/> Post graduate</p> <p><b>Marital Status</b>    <input type="checkbox"/> Married    <input type="checkbox"/> Single    <input type="checkbox"/> Divorced    <input type="checkbox"/> Separated    <input type="checkbox"/> Widowed    <input type="checkbox"/> Domestic partner</p> <p><b>Exercise Level</b>    <input type="checkbox"/> None (No exercise)    <input type="checkbox"/> Occasional exercise    <input type="checkbox"/> Moderate exercise    <input type="checkbox"/> High level exercise</p> | <p><b>Caffeine</b><br/>Occasional    <input type="checkbox"/> None    <input type="checkbox"/> Moderate    <input type="checkbox"/> Heavy<br/># of cups/cans per day? _____</p> <p><b>Alcohol</b><br/>Do you drink alcohol?    <input type="checkbox"/> Yes    <input type="checkbox"/> No<br/>If so, how often?<br/><input type="checkbox"/> Occasionally a week    <input type="checkbox"/> &lt; 3 times a week    <input type="checkbox"/> &gt; 3 times a week<br/>How many drinks per week? _____</p> <p><b>Tobacco</b><br/>Do you use tobacco?    <input type="checkbox"/> Yes    <input type="checkbox"/> No</p> | <p>If not currently, did you ever use tobacco?    <input type="checkbox"/> Yes    <input type="checkbox"/> No</p> <p><input type="checkbox"/> Cigarettes - _____ pks./day</p> <p><input type="checkbox"/> Chew - _____/day</p> <p><input type="checkbox"/> Cigars - _____/day</p> <p><input type="checkbox"/> # of years _____<br/>Or year quit _____</p> <p><b>Drugs</b>    Do you currently use recreational or street drugs?    <input type="checkbox"/> Yes    <input type="checkbox"/> No<br/>If yes, list:<br/>_____</p> |
|---|--|--|